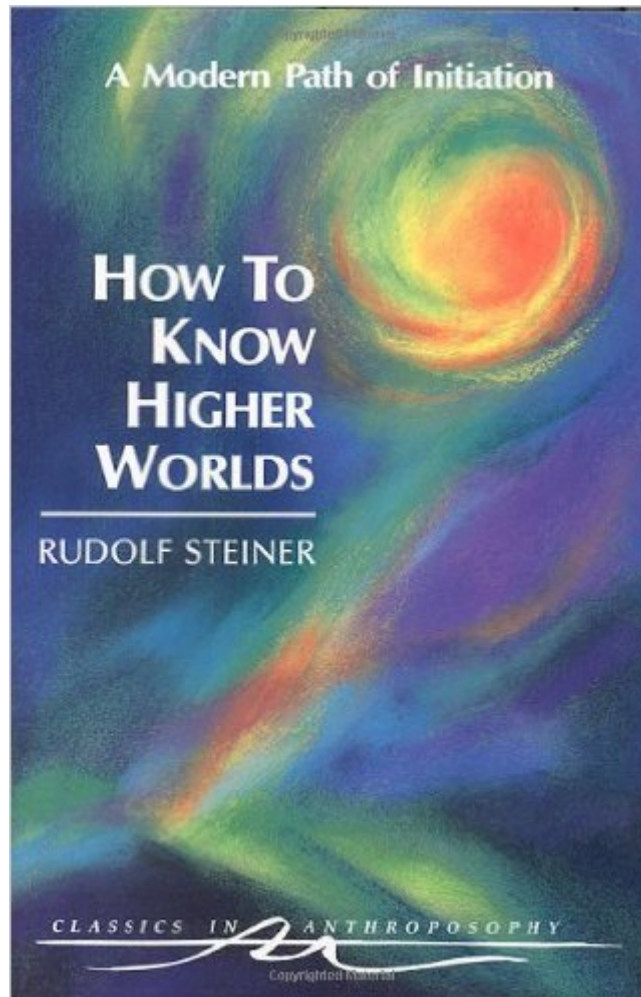


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# How To Know Higher Worlds: A Modern Path Of Initiation (Classics In Anthroposophy)



## Synopsis

This is the classic account of the modern Western esoteric path of initiation made public by Steiner in 1904. He begins with the premise that the capacities by which we can gain insights into the higher worlds lie dormant within each one of us. • Steiner carefully and precisely leads the reader from the cultivation of the fundamental soul attitudes of reverence and inner tranquility to the development of inner life through the stages of preparation, illumination, and initiation. Steiner provides practical exercises of inner and outer observation and moral development. By patiently and persistently following his guidelines, new organs of soul and spirit begin to form, which reveal the contours of the higher worlds thus far concealed from us. Steiner in this important work becomes a teacher, a counselor, and a friend whose advice is practical, clear, and effective. The challenges we face in life require increasingly deeper levels of understanding, and Steiner's text helps readers to cultivate the capacities for such insights and places them at the service of humanity. This is Steiner's most essential guide to the modern path of initiation he advocated throughout his life. It has been translated into many languages and has inspired hundreds of thousands of readers around the world. How to Know Higher Worlds has been admired by some of the most brilliant minds of our time. Contents: Foreword by Arthur Zajonc Prefaces by Rudolf Steiner How to Know Higher Worlds The Stages of Initiation Initiation Practical Considerations Requirements for Esoteric Training Some Effects of Initiation Changes in the Dream Life of the Esoteric Student Achieving Continuity of Consciousness The Splitting of the Personality in Esoteric Training The Guardian of the Threshold Life and Death: The Great Guardian of the Threshold Epilogue (1918) Afterword by Arthur Zajonc Index • A true classic of spiritual literature. It is one of the best ways I know for opening up one's life to the spiritual realms in a manner that is balanced, integrated, and loving. It is the product of a great soul who pointed out new routes into the interior. • David Spangler, author of Blessing: The Art and the Practice • It is not only a personal guide to the spirit, but also a path through self-knowledge to compassionate action in the world. • Arthur Zajonc, author of Catching the Light: The Entwined History of Light and Mind

## Book Information

Paperback: 259 pages

Publisher: Anthroposophic Press; New edition edition (1994)

Language: English

ISBN-10: 0880103728

ISBN-13: 978-0880103725

Product Dimensions: 5.3 x 0.7 x 8 inches

Shipping Weight: 12 ounces (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars Â Â See all reviewsÂ (89 customer reviews)

Best Sellers Rank: #92,848 in Books (See Top 100 in Books) #13 inÂ Books > Religion & Spirituality > New Age & Spirituality > Theosophy #184 inÂ Books > Politics & Social Sciences > Philosophy > Consciousness & Thought #208 inÂ Books > Religion & Spirituality > New Age & Spirituality > Spiritualism

## Customer Reviews

In "How to Know Higher Worlds", Steiner undertakes the task of introducing the reader to the requirements of thought-life needed to perceive the higher processes of life and the cosmos. He provides a path of systematic development, for the faculties latent in each person, by which the development of a specific spiritual sensory organ may be cultivated. Once this is achieved, one is able to distinguish and move about with certainty in the subtle inner world of the human psyche, which is then shown to be interconnected to a vast realm of archetypal and spiritual forces which act upon the development of the cosmos. This book distinguishes itself as one of the definitive references on inner self-transformation, providing a path to a true self-knowledge, and expansion of one's empathetic relationship to the world.

I've read a vast assortment of Steiner's books and lecture series, but this book is far and away the best. There's really more information in Outline of Esoteric Science, but it's not nearly as easy to read and incorporate as How to Know Higher Worlds. This book is an invaluable aid in understanding the place of humanity in our universe.

Although I have not yet fully completed this book, I have to say this has to be one of the greatest books ever written! "How to know higher worlds" has drastically changed the way I consider myself and the world around me. This book is a must have for those searching to enrich their inner (and somewhat outer) lives. Steiner introduces many basic esoteric principles and clears up a lot of the stigma revolving around modern occultism. This book is a fantastic basis for the beginning occultist to take their first steps into the spiritual world. Most of the book's content involves conditioning of the spiritual senses and occult philosophies. So, if you are seriously considering awakening yourself to the spiritual world, Steiner is a fantastic stepping stone and this book is a definite must have.

Do not get this version of this book. It is difficult to read, and apparently abridged. Make sure to get *How to Know Higher Worlds: A Modern Path of Initiation* (Classics in Anthroposophy), the one with the watercolor on the cover. It is the complete and "official" version. My mentor had me go back through and read the other edition, which ended up being much easier for me to understand. He had never heard of this publisher before. I have had difficulty with several Steiner books on . I recommend just going to the publisher's website, [Steinerbooks.com](http://Steinerbooks.com), and ordering from there.

Even if one is not interested in knowing about and experiencing higher worlds, this book is a great guide to living, full of wisdom and insight. A true spiritual path is also a path toward becoming a mature human being, which may not be terribly exciting to people seeking spiritual fireworks or wanting to promote egoistic aims. This path is one of selflessness and the strengthening of attention; both needed in a self-centered world suffering from an ever increasing attention deficit disorder. Steiner only speaks of what he has experienced personally. He is not a guru and expects no one to take his word for the truth of what he says. He encourages one to be open minded, try the exercises with patience and consistency (harder than one might think) and verify the truth for one's self.

Steiner explains in this great guide the reasons why we should walk the spiritual path to self-realization and how this happens if we so decide find the courage to do it. He talks about karma, higher beings, higher worlds, reincarnation, initiation, etc based on his own experiences. He also gives many practical exercises in it. Steiner who had a highly developed intellect and spiritual faculties well-awakened makes use of his genius to explain the path in a simple and easy to understand way. I was shocked at how easy it was for me to read it, compared to some of his other important writings! This book is essential and extremely important for anyone who is interested in learning about the path and higher worlds. Also highly recommended is Samael Aun Weor who also wrote extensively as Steiner did.

Steiner's written authorship was limited to a handful of written works and this one is the most accessible and thought-provoking. With 1000's of lectures some available in book form (catalogued in German with English editions secondary), Steiner himself pointed out that his written works were intended for a reading audience, whereas the lectures were in the oral tradition, originally not intended for print and largely contextual within the time, place and attendance. This is a great place to start to learn more about this spiritual Da Vinci. It focuses on his spiritual philosophy with

supporting exercises. His Theosophy is transitional in that it bridges his roots in Theosophy with his founding of Anthroposophy. His Philosophy of Freedom is helpful in understanding his development. For Steiner the man, see his Autobiography. From there the inquirer is encouraged to study his lectures as supplements to his basic books.

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